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PRELIMINARY EVALUATION INFORMATION

Identifying Information

Date _____

Client Name: _____
Address: _____ City: _____ State: _____ Zip: _____
Phone (H): _____ (W): _____ Ext: _____
Date of Birth: ____ / ____ / ____ Sex: _____

Referred By: _____

Place of Employment / Occupation: Yours: _____
Partner/Spouse: _____

Highest grade level of education completed: _____
Degree achieved: _____

Presenting Problem

Please describe the problems that have led you to seek treatment or evaluation.

What do you believe to be the most important factor (s) causing the problem (s)?

When did you first notice these problem (s)?: _____

Have there been any family changes (new baby, death, breakup, etc.) which may be related to these problems?
Please explain: _____

Prior Therapy Experience

Have you ever been seen for counseling or therapy? Yes _____ No _____

As an outpatient (clinic, private, etc.)

Name: _____ Phone (____) _____
Address: _____ City _____ State _____ Zip _____
For how long? _____ Dates: _____
Name of doctor / therapist _____
Reason for treatment _____

Name: _____ Phone (____) _____
Address: _____ City _____ State _____ Zip _____
For how long? _____ Dates: _____
Name of doctor / therapist _____
Reason for treatment _____

As an inpatient (in a hospital, residential treatment center, etc.)

Name _____ Phone (____) _____
Address _____ City _____ State _____ Zip _____
For how long? _____ Dates: _____
Name of doctor / therapist _____
Reason for Admission _____

Name _____ Phone (____) _____
Address _____ City _____ State _____ Zip _____
For how long? _____ Dates: _____
Name of doctor / therapist _____
Reason for Admission _____

Have you taken standard psychological assessments, (e.g. intelligence testing or personality evaluation)? Yes _____
No _____

Name of Psychologist _____ Phone _____
(____) _____
Address _____ Dates _____

Medical History

Family Doctor _____ Phone (____) _____

Have you ever been in the hospital for medical problems? Yes _____ No _____

Dates	Names of hospital, city & state	Reason for hospitalization
_____	_____	_____
_____	_____	_____
_____	_____	_____

Do you have any serious or chronic physical or medical conditions (diabetes, etc.)? Yes _____ No _____
If yes, please explain? _____

Are you presently taking any prescribed / non-prescribed medication? Yes _____ No _____, If yes Please explain? _____

Medication	Prescribed by	How long
_____	_____	_____
_____	_____	_____
_____	_____	_____

Do you have any allergies? Yes _____ No _____
If yes, describe what they are and list any medication (s) you take: _____

Have you been injured in any accidents or falls? Yes _____ No _____, If yes, Please describe:

Incident	Age	Injury
_____	_____	_____
_____	_____	_____
_____	_____	_____

Have you suffered any complications of illnesses or accidents (high fever, convulsions, coma, etc.)?
Yes _____ No _____
If yes, please describe the circumstances: _____

Were you ever unconscious, in a coma, or had a concussion as a result of illness or injury?
Yes _____ No _____
If yes, please explain: _____

Do you now, or have you in the past, used alcohol or other drugs on a regular basis?
Yes _____ No _____ If yes, how often and how much?

Type of Drug (Include alcohol)	How Often?	How much in each episode?
_____	_____	_____
_____	_____	_____

Do you now, or have you in the past, smoked cigarette / cigars / pipes on a regular basis?

Yes ___ No ___

If yes, how often and how much? _____

Have you experienced difficulty with any of the following?: (Please (check) items that are currently a problem)

- _____ Headaches
- _____ Numbness / tingling in extremities
- _____ Difficulty with hearing
- _____ Shortness of breath
- _____ Trouble with swallowing
- _____ Weight gain or loss in past year
- _____ Preoccupation with weight
- _____ Itching of skin
- _____ Hyperactivity
- _____ Nervousness
- _____ Attention / Concentration problems
- _____ Chronic fatigue or weakness
- _____ Sudden behavior changes
- _____ Impulsive: act without thinking
- _____ Physical assault (s) / abuse
- _____ Anxiety / panic episodes
- _____ Problems with sexual behavior
- _____ Family / relationship difficulties
- _____ Unusual experiences
- _____ Suicide attempts
- _____ Problems with the law
- _____ Problem maintaining balance

- _____ Seizure
- _____ Fainting or black-out spells
- _____ Difficulty with vision
- _____ High blood pressure
- _____ Diarrhea, chronic
- _____ Loss of appetite
- _____ Eating problems
- _____ Skin rash
- _____ Crying spells
- _____ Mood spells
- _____ Ringing in ears
- _____ Problems thinking clearly
- _____ Sudden personality changes
- _____ Depression anxiety
- _____ Sleeping problems
- _____ Financial problems
- _____ Occupational problems
- _____ Learning problems
- _____ Social relationship problems
- _____ Disturbing thoughts
- _____ Suicidal thoughts
- _____ Memory problems / difficulty

Birth Information

Were there any physical or emotional difficulties during your mother's pregnancy with you?

Yes _____ No _____

If yes, please describe: _____

Were you born premature?

Yes _____ No _____ If yes, please give the number of weeks early: _____

Were there any immediate complication following delivery with you?

Yes _____ No _____ If yes, please describe: _____

Pregnancy Information

If you were pregnant, were there any physical or emotional difficulties during pregnancy with your children?

Yes _____ No _____ If yes, please describe: _____

Were any of your children premature?

Yes _____ No _____ If yes, please give the number of weeks early: _____

If you were pregnant, were there any of the following complication?

Mother taking medication or drugs

(specify): _____

Long labor _____ Forceps delivery _____ Breech birth _____ Eclampsia _____ Caesarean Section _____
other _____

Were there any immediate complication following delivery of your children?

Yes _____ No _____ If yes, please describe: _____

Number of pregnancies _____ Number of miscarriages _____ Weight of largest child at birth _____

Biological Family Health Information

Has anyone in the family (including grandparent) been treated for a mental health problem?

Yes _____ No _____ If yes, please explain: _____

List individuals that live in your home: _____

Family History	Age	State of Health (If deceased, list cause)	Occupation
Father	_____	_____	_____
Mother	_____	_____	_____
Brother (s)	_____	_____	_____
Sister (s)	_____	_____	_____
Partner/Spouse	_____	_____	_____
Children gender: _____	_____	_____	_____
Children gender: _____	_____	_____	_____
Children gender: _____	_____	_____	_____
Children gender: _____	_____	_____	_____

Who In Your Family Had:	Father	Mother	Sister (s)	Brother (s)	G-Parent
7320704. Cancer	_____	_____	_____	_____	_____
7320705. Drinking Problems	_____	_____	_____	_____	_____
7320706. Allergies or Asthma	_____	_____	_____	_____	_____
7320707. Strokes	_____	_____	_____	_____	_____
7320708. Nervous Breakdown	_____	_____	_____	_____	_____
7320709. Suicide	_____	_____	_____	_____	_____
7320710. Convulsions/epilepsy	_____	_____	_____	_____	_____
7320711. Headaches	_____	_____	_____	_____	_____
7320712. Diabetes	_____	_____	_____	_____	_____
7320713. Drug Abuse	_____	_____	_____	_____	_____
7320714. Ulcers	_____	_____	_____	_____	_____
7320715. High Blood Pressure	_____	_____	_____	_____	_____
7320716. Depression	_____	_____	_____	_____	_____

Relationship History

Present marital/relationship status (check all that apply)

Single _____ Married/Commitment Ceremony _____ Live In Relationship _____
Divorced/Separated _____ Widowed _____

If married/live-in relationship: Spouses name: _____

Date of birth: ____/____/____

Date of current marriage/commitment ceremony: ____/____/____

When did you begin living together? _____

When did you begin dating? _____

Children by present relationship:

Name	Birth Date or Age
_____	_____
_____	_____
_____	_____

Previous marriages/civil commitment/live-in relationships:

Date of Ceremony/ Began Living Together	Date Divorced/ Relationship Ended	Reason for Divorce/ End of Relationship	Children by each Relationship & Ages
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Employment

Present job title / job description and organization: _____

Do you have problems performing your job? (Yes ___ No ___) If yes, please explain: _____

Do you have problematic relationships with people on the job? (Yes ___ No ___) If yes, please explain: _____

How many jobs have you held within the past five years? _____
Reason for changes in job: _____

I understand that this information will be used in my evaluation and will be included in my records.

Signed _____ Date _____
Client

Re-Disclosure: Persons, agencies, or institutions to whom this information is disclosed are prohibited by state / federal law from re-disclosure without the specific written consent of the person to whom it pertains. A general authorization for release of medical information is NOT sufficient for this purpose.